

1

00:00:00,000 --> 00:00:25,700

Background music playing.

2

00:00:30,000 --> 00:00:37,160

I give us hope that we transcend death.

3

00:00:37,160 --> 00:00:41,600

Supposing I died and I wanted to indicate that I still continued.

4

00:00:41,600 --> 00:00:45,160

Well, I'd attempt to visit a few people that met a great deal to me.

5

00:00:45,160 --> 00:00:48,200

Say, I made it. I'm here.

6

00:00:48,200 --> 00:00:50,560

You have all heard tales of them.

7

00:00:50,560 --> 00:00:52,560

Few have the courage to believe.

8

00:00:52,560 --> 00:00:56,200

I had my leg pulled about it unnursively.

9

00:00:56,200 --> 00:01:00,400

But whatever I saw was an apparition.

10

00:01:00,400 --> 00:01:04,200

The evidence cannot be ignored for they are all around us.

11

00:01:04,200 --> 00:01:07,560

Apparitions, hallucinations, ghosts.

12

00:01:16,560 --> 00:01:20,640

Your words know why it's an extortable of the shadows of fantasy.

13

00:01:21,400 --> 00:01:28,640

A land that knows no limits of time or space.

14

00:01:33,640 --> 00:01:37,640

From the dawn of discovery to the nightfall of catastrophe.

15

00:01:37,640 --> 00:01:41,640

Journey to a new verse of the unexplained.

16

00:01:41,640 --> 00:01:45,640

The unforeseen event and the unbelievable.

17

00:01:46,640 --> 00:01:51,640

A place from the hard reality that would no question be unanswered.

18

00:01:51,640 --> 00:01:56,640

A place for myth and legend and all superstition and science.

19

00:01:56,640 --> 00:01:58,640

It's time for our journey to begin.

20

00:02:03,640 --> 00:02:06,640

It blew from us, but many denied their existence.

21

00:02:10,640 --> 00:02:13,640

It's time for our journey to begin.

22

00:02:17,640 --> 00:02:21,640

It blew from us, but many denied their existence.

23

00:02:22,640 --> 00:02:24,640

Ghosts.

24

00:02:36,640 --> 00:02:40,640

Fear came upon me and trembling, which made all my bones to shake.

25

00:02:40,640 --> 00:02:43,640

And the spirit passed before my face.

26

00:02:43,640 --> 00:02:45,640

The hair of my flesh stood up.

27

00:02:45,640 --> 00:02:47,640

It stood still.

28

00:02:48,640 --> 00:02:51,640

And I could not discern the form thereof.

29

00:02:53,640 --> 00:02:56,640

That's how the book of Joan describes the sighting of a ghost.

30

00:02:56,640 --> 00:03:02,640

From primitive to modern, nearly every culture has been believed in ghosts.

31

00:03:09,640 --> 00:03:12,640

We have tried many ways to live with them.

32

00:03:12,640 --> 00:03:16,640

By turns, striving to avoid, seek.

33

00:03:17,640 --> 00:03:20,640

Banish and trivialize them.

34

00:03:22,640 --> 00:03:25,640

Perhaps we laugh so we need not scream.

35

00:03:25,640 --> 00:03:29,640

And yet, sometimes the ghost is less horrifying than the life that preceded it.

36

00:03:32,640 --> 00:03:35,640

Such is the case with Scotland's Lord Dessoulis,

37

00:03:35,640 --> 00:03:38,640

a half-bond-time occupant of Hermitage Castle.

38

00:03:40,640 --> 00:03:44,640

A man, a devil, an unspeakable murderer of the innocent.

39

00:03:45,640 --> 00:03:48,640

And his time of reckoning finally came.

40

00:03:49,640 --> 00:03:52,640

Tonight my Duncan never come over his son.

41

00:03:52,640 --> 00:03:56,640

I told him time again don't go near this place.

42

00:03:56,640 --> 00:03:58,640

But would he listen?

43

00:03:58,640 --> 00:04:04,640

We knew the Lord was a bad man, but we never thought other children disappeared.

44

00:04:04,640 --> 00:04:07,640

But I, I looked everywhere.

45

00:04:07,640 --> 00:04:11,640

Finally I found Duncan, but I was too late.

46

00:04:11,640 --> 00:04:17,640

My son was dead and the Lord was taking his blood to make that magic.

47

00:04:17,640 --> 00:04:19,640

To conjure a demon.

48

00:04:19,640 --> 00:04:22,640

May God help us all.

49

00:04:23,640 --> 00:04:28,640

He is going to suffer good for what he's done.

50

00:04:28,640 --> 00:04:31,640

We're going to boil the Lord alive.

51

00:04:31,640 --> 00:04:35,640

And that will be too good for him.

52

00:04:42,640 --> 00:04:48,640

The gutted ruins of his castle still stand today,

53

00:04:48,640 --> 00:04:52,640

as if waiting for its master to return.

54

00:04:55,640 --> 00:04:59,640

Nothing is said to walk upon these battlements.

55

00:04:59,640 --> 00:05:02,640

Nothing evil.

56

00:05:03,640 --> 00:05:05,640

Now, if a hundred people visit the castle,

57

00:05:05,640 --> 00:05:08,640

step in through the door and come straight over it.

58

00:05:08,640 --> 00:05:10,640

It's seen everything.

59

00:05:10,640 --> 00:05:13,640

It's seen tritury, it's seen romance,

60

00:05:13,640 --> 00:05:17,640

it's seen more bloodshed than it has got to places.

61

00:05:17,640 --> 00:05:20,640

It has everything about it.

62

00:05:22,640 --> 00:05:27,640

Could the Lord of Suley's ghastly deeds live on?

63

00:05:27,640 --> 00:05:31,640

Can a man's evil survive his death?

64

00:05:32,640 --> 00:05:38,640

When you enter the castle, you've got this tremendous feeling in it.

65

00:05:38,640 --> 00:05:41,640

You can imagine it, it's actually happened.

66

00:05:41,640 --> 00:05:46,640

There's something about it that you don't get the same feeling anywhere else.

67

00:05:50,640 --> 00:05:57,640

The castle at hermitage guards its secrets carefully, quietly.

68

00:05:57,640 --> 00:06:00,640

As if waiting for a time when the night will fall again,

69

00:06:00,640 --> 00:06:04,640

darkness will reach out to embrace the living.

70

00:06:06,640 --> 00:06:10,640

The sheer volume of these reported sightings is staggering.

71

00:06:10,640 --> 00:06:13,640

But few have been confirmed.

72

00:06:13,640 --> 00:06:17,640

Is it possible to get solid proof of such intangible subjects?

73

00:06:17,640 --> 00:06:19,640

One man has tried.

74

00:06:19,640 --> 00:06:24,640

For over a decade, Simon Marsden has photographed haunted abodes,

75

00:06:24,640 --> 00:06:27,640

seeking proof of ghosts but rarely finding it.

76

00:06:27,640 --> 00:06:30,640

He said for one time when his camera captured

77

00:06:30,640 --> 00:06:34,640

an unexpected image at a place called Bolly Rictory.

78

00:06:40,640 --> 00:06:45,640

Bolly was one of the places I can say I was genuinely frightened.

79

00:06:45,640 --> 00:06:50,640

Bolly is known as the most haunted house in England

80

00:06:50,640 --> 00:06:52,640

and has just about everything in it.

81

00:06:52,640 --> 00:06:57,640

The story that is, the coach and horses, none that's bricked up,

82

00:06:57,640 --> 00:06:59,640

and several other ghosts.

83

00:06:59,640 --> 00:07:03,640

A poltergeist activity, you name it, it's at Bolly.

84

00:07:03,640 --> 00:07:10,640

I went there with two friends and they asked to leave very quickly after arriving there.

85

00:07:10,640 --> 00:07:13,640

I was of course going around taking photographs

86

00:07:13,640 --> 00:07:21,640

and one of the negatives on the contact sheet was the shape in the sky,

87

00:07:21,640 --> 00:07:25,640

which I didn't notice while I blew up the actual picture.

88

00:07:25,640 --> 00:07:29,640

Now I know how to trick and probably any photographer does who's worth his salt

89

00:07:29,640 --> 00:07:32,640

knows how to trick fake photographs.

90

00:07:32,640 --> 00:07:36,640

And I can sit here and swear to you that this is genuine

91

00:07:36,640 --> 00:07:39,640

and this shape was not there when I took the picture.

92

00:07:39,640 --> 00:07:41,640

I've blown up that piece of the picture

93

00:07:41,640 --> 00:07:45,640

and I still have none the wiser as to what it is.

94

00:07:45,640 --> 00:07:50,640

To really understand this phenomenon, we need to look at more hauntings.

95

00:07:51,640 --> 00:08:00,640

The ghosts exist around the world.

96

00:08:00,640 --> 00:08:03,640

They have become almost an institution in the United Kingdom.

97

00:08:03,640 --> 00:08:06,640

For good reason, they're everywhere.

98

00:08:06,640 --> 00:08:08,640

One place has many.

99

00:08:09,640 --> 00:08:11,640

Whitby Abbey.

100

00:08:11,640 --> 00:08:13,640

What might be there?

101

00:08:28,640 --> 00:08:31,640

Whitby Abbey is known not just for hauntings

102

00:08:31,640 --> 00:08:35,640

but because it inspired Bram Stoker to write Dracula,

103

00:08:35,640 --> 00:08:39,640

one of the most terrifying horror stories of all time.

104

00:08:39,640 --> 00:08:44,640

And that inspiration still walks these ancient grounds.

105

00:08:47,640 --> 00:08:50,640

There is a figure of the Great Abbas Hild

106

00:08:50,640 --> 00:08:53,640

silhouetted in one of the windows in the North Tronset

107

00:08:53,640 --> 00:08:56,640

at about 10 o'clock in the morning on a fine day.

108

00:08:56,640 --> 00:08:59,640

The atmosphere of the place, depending on what the weather's like

109

00:08:59,640 --> 00:09:02,640

or their various aspects, and you can get a lovely sunset there,

110

00:09:02,640 --> 00:09:06,640

and the quiet slimity of the place, you can imagine the actual people still here,

111

00:09:06,640 --> 00:09:08,640

the actual presence still felt.

112

00:09:09,640 --> 00:09:13,640

The ghost of the Abbas has been seen in the cemetery below the Abbey.

113

00:09:13,640 --> 00:09:16,640

What compels these visits?

114

00:09:16,640 --> 00:09:18,640

We may never know.

115

00:09:18,640 --> 00:09:22,640

Another of Whitby's hauntings is better documented.

116

00:09:22,640 --> 00:09:26,640

One of the Abbas nuns foresaw her vows for the love of the night.

117

00:09:30,640 --> 00:09:32,640

This she was walled up alive.

118

00:09:35,640 --> 00:09:39,640

A ghost can still be seen because of searching for the night.

119

00:09:39,640 --> 00:09:41,640

The ghost is still there.

120

00:09:41,640 --> 00:09:43,640

The ghost is still there.

121

00:09:44,640 --> 00:09:49,640

A ghost can still be seen because of searching for her long dead lover.

122

00:10:07,640 --> 00:10:10,640

Why do such apparitions appear?

123

00:10:11,640 --> 00:10:14,640

As conduct our own investigation.

124

00:10:14,640 --> 00:10:18,640

For our investigation, we've selected Newstead Abbey.

125

00:10:25,640 --> 00:10:31,640

At one time of monastery, it became the Byron family home in 1540.

126

00:10:31,640 --> 00:10:36,640

And as an ancient belief that ill luck befalls those who water sacred buildings,

127

00:10:36,640 --> 00:10:40,640

and this belief seems true based on the Byron family history.

128

00:10:42,640 --> 00:10:49,640

Madness, murder, deformity, decadence,

129

00:10:49,640 --> 00:10:53,640

and the state play with some half a dozen hauntings.

130

00:10:55,640 --> 00:11:00,640

One family member, the great poet Lord Byron, loved the place dearly,

131

00:11:00,640 --> 00:11:04,640

but sensed its sinister undercurrents.

132

00:11:07,640 --> 00:11:10,640

He once rose of Newstead.

133

00:11:10,640 --> 00:11:14,640

Through silence and shade or its desolate walls,

134

00:11:14,640 --> 00:11:17,640

it shines from afar like the glories of old.

135

00:11:17,640 --> 00:11:20,640

It kills, but it warms not.

136

00:11:20,640 --> 00:11:24,640

It is dazzling, a cold.

137

00:11:25,640 --> 00:11:30,640

Lord Byron seems to be one of the few family members who doesn't haunt Newstead.

138

00:11:30,640 --> 00:11:35,640

But his deranged uncle, known as the Devil, Ambyron, still walks these halls.

139

00:11:37,640 --> 00:11:42,640

And there's another specter, a mysterious ghost called the White Lady.

140

00:11:49,640 --> 00:11:54,640

I was motoring along Serene Main, and in the middle of the road,

141

00:11:54,640 --> 00:12:01,640

a light shone on this figure, which I assumed to be a lady.

142

00:12:02,640 --> 00:12:09,640

She was dressed in a long white gown, and my lights shone onto her.

143

00:12:10,640 --> 00:12:14,640

And she then sort of walked aside and disappeared.

144

00:12:14,640 --> 00:12:16,640

I know not where.

145

00:12:16,640 --> 00:12:19,640

But this is the White Lady that I saw.

146

00:12:19,640 --> 00:12:23,640

This is no fanciful sort of invention.

147

00:12:23,640 --> 00:12:26,640

I definitely saw this figure.

148

00:12:27,640 --> 00:12:31,640

Byron had a Newfoundland dog, most.

149

00:12:31,640 --> 00:12:36,640

He loved the dog and requested burial alongside him.

150

00:12:37,640 --> 00:12:41,640

Her last wish was denied, and perhaps as a result,

151

00:12:41,640 --> 00:12:45,640

the little dog's ghost still searches for his master.

152

00:12:48,640 --> 00:12:54,640

The most feigned and feared of Newstead's ghosts is the Black Friar.

153

00:12:55,640 --> 00:12:59,640

He appears just before times of crisis and calamity.

154

00:12:59,640 --> 00:13:04,640

Byron feared that the Friar didn't just warn of doom, but seemed to usher it in.

155

00:13:05,640 --> 00:13:10,640

But no one can say for certain why he appears, or when.

156

00:13:13,640 --> 00:13:18,640

Why is the seeing of apparitions so unpredictable?

157

00:13:18,640 --> 00:13:25,640

One theory about apparitions are that they do represent some surviving aspect of a person's personality.

158

00:13:25,640 --> 00:13:31,640

And there are some cases in the literature where I feel that this is a very viable explanation for what occurs.

159

00:13:31,640 --> 00:13:36,640

And in many cases, the apparitions seem to wish to fulfill unfinished business.

160

00:13:36,640 --> 00:13:43,640

Supposing I died and I wanted to indicate that I still continued, that I still existed,

161

00:13:43,640 --> 00:13:48,640

while I'd attempt to visit a few friends or people that met a great deal to me

162

00:13:48,640 --> 00:13:53,640

and make my presence known, be exactly the same thing as if the first astronaut to Mars,

163

00:13:53,640 --> 00:13:58,640

the first thing he's going to do or she is going to do is bring you back and say, I made it. I'm here.

164

00:13:58,640 --> 00:14:04,640

It seems to me very likely that some of these experiences are to reassure those who are living.

165

00:14:04,640 --> 00:14:09,640

If not all ghosts or apparitions represent the same modus operandi at work.

166

00:14:09,640 --> 00:14:16,640

One source of answers which is very intriguing to me is that sometimes these ghosts are sighted on very meaningful occasions.

167

00:14:16,640 --> 00:14:25,640

Then there are other reasons possible. Pacts made between living people and then one person dies and fulfills a pact and such things do exist.

168

00:14:25,640 --> 00:14:31,640

One of the most frustrating aspects of the field of parapsychology is the fact that not everyone can see the phenomena.

169

00:14:31,640 --> 00:14:38,640

We've next got to answer one fundamental question. What exactly is a ghost?

170

00:14:40,640 --> 00:14:46,640

We have seen what ghosts are like, but what are they?

171

00:14:46,640 --> 00:14:55,640

When we venture into the world of ghosts, what we are seeing is a whole range of different phenomena that all appear to be very similar,

172

00:14:55,640 --> 00:15:01,640

but which may in fact represent very different phenomena and different physical principles at work.

173

00:15:01,640 --> 00:15:07,640

The two main types for instance are ghosts of the living, the animals of the living and the ghosts of the dead.

174

00:15:07,640 --> 00:15:12,640

Perhaps somehow the consciousness of a person upon death continues.

175

00:15:12,640 --> 00:15:22,640

And at times some of the living are able to see that consciousness in the form that looks like the body of that person when living.

176

00:15:22,640 --> 00:15:28,640

Some people feel that this represents the soul of a person who has died.

177

00:15:28,640 --> 00:15:33,640

Now I have a little bit of trouble with that explanation because ghosts usually show up wearing clothes,

178

00:15:33,640 --> 00:15:41,640

often holding things such as walking sticks. I don't believe that walking sticks or clothing have souls.

179

00:15:41,640 --> 00:15:46,640

Yes, I think some ghosts are produced by, you might say, a telepathically induced hallucination,

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00:15:46,640 --> 00:15:49,640

but I think that doesn't explain the thing at all.

181

00:15:49,640 --> 00:15:56,640

Some people believe that perceiving ghosts or having psychic experiences deal with the right hemisphere of the brain.

182

00:15:56,640 --> 00:15:58,640

This I consider to be total nonsense.

183

00:15:58,640 --> 00:16:05,640

I don't think near enough research has been done with right brain, left brain, hemisphere work to really make an opinion on that.

184

00:16:05,640 --> 00:16:12,640

Some people are more receptive, just like some people can draw better than other people or what have you. Nobody knows why, but it's so.

185

00:16:12,640 --> 00:16:16,640

Brain-hemisphere theory is fascinating.

186

00:16:16,640 --> 00:16:21,640

Might it be that our brains could affect sightings of ghosts?

187

00:16:28,640 --> 00:16:35,640

Modern neuroscientists attribute different thinking processes and abilities to different hemispheres of the brain.

188

00:16:35,640 --> 00:16:40,640

For example, the left hemisphere is responsible for language, logic.

189

00:16:40,640 --> 00:16:50,640

The right is the realm of imagination, dreams, the creativity that may have driven Bram Stoker and Lord Byron into their visions of the supernatural.

190

00:16:51,640 --> 00:16:59,640

But one doesn't have to be a literary genius to experience ghosts.

191

00:16:59,640 --> 00:17:10,640

Ordinary people have seen extraordinary things in another of England's ghostly habitats, a place called Watten Priory.

192

00:17:11,640 --> 00:17:24,640

I've never found it in the 8th century. The priory is today inhabited by a family who frequently witnessed a variety of hauntings.

193

00:17:24,640 --> 00:17:34,640

In the house, we've heard a lot of sighing in the kitchen, in the corner, and it was really heart-rending.

194

00:17:34,640 --> 00:17:42,640

I've definitely heard ghosts. My wife's seen ghosts, my brother-in-law's seen ghosts, my sister-in-law's seen ghosts.

195

00:17:42,640 --> 00:17:46,640

Everybody in the neighbourhood seems to have seen ghosts here at different times.

196

00:17:46,640 --> 00:17:53,640

I've seen the little brown man that walks about. I think he must have been a gardener.

197

00:17:53,640 --> 00:18:00,640

But he actually stood at the bottom of the drive when we first moved up here and watched me planting rose bushes.

198

00:18:00,640 --> 00:18:03,640

Quite an amused expression on his face.

199

00:18:03,640 --> 00:18:10,640

Well, there's things there that aren't supposed to be there, so if they're not ghosts, what are they?

200

00:18:10,640 --> 00:18:21,640

Over the past 1200 years, Watten Priory has been inhabited by hundreds of people, and it seems some still remain within its walls.

201

00:18:21,640 --> 00:18:31,640

I could see this person in grey, and when I looked, it was a cavalier looking out over this way.

202

00:18:31,640 --> 00:18:40,640

And he looked very tense and very worried, and he kept looking through the window as though he was expecting somebody to come.

203

00:18:40,640 --> 00:18:45,640

You pick up a feeling of sadness, especially in some parts of the house.

204

00:18:45,640 --> 00:18:55,640

What's it to me? Not to me, but to just... I suppose I'll look on it now like you're sharing a house with a friend.

205

00:18:59,640 --> 00:19:12,640

Ghosts are all around us, but only some of us are receptive to their presence. Now, how can this be?

206

00:19:12,640 --> 00:19:27,640

We have seen how some can perceive more than others. At times we may see more than we may wish to, but other areas do not want to believe that we survive beyond the grave.

207

00:19:27,640 --> 00:19:51,640

Why is it that only some of us see ghosts? The poet William Blake writes, if the doors of perception were cleansed, everything would appear to man as it is. Infinite.

208

00:19:51,640 --> 00:20:01,640

20th century science has found that our brains act as reducing valves, shutting out excess or terrifying information as to their overwhelm.

209

00:20:01,640 --> 00:20:07,640

We are consciously aware of them, of much less than our senses perceive.

210

00:20:07,640 --> 00:20:18,640

Yet when faced with the ghostly proof, our minds seek protection, my embracing disbelief.

211

00:20:18,640 --> 00:20:24,640

Someday I hope we will not need such protection.

212

00:20:24,640 --> 00:20:43,640

Secrets and mysteries presents information based in part on theories and opinions, some of which are controversial.

213

00:20:43,640 --> 00:21:08,640

The producer's purpose is not to validate any side of an issue, but through the use of actualities and dramatic recreation relate a possible answer, but not the only answer to this material.

214

00:21:08,640 --> 00:21:15,640

Air transportation to England for secrets and mysteries provided by British Caledonian Airways.